Weekly Market Insights

January 1, 2024

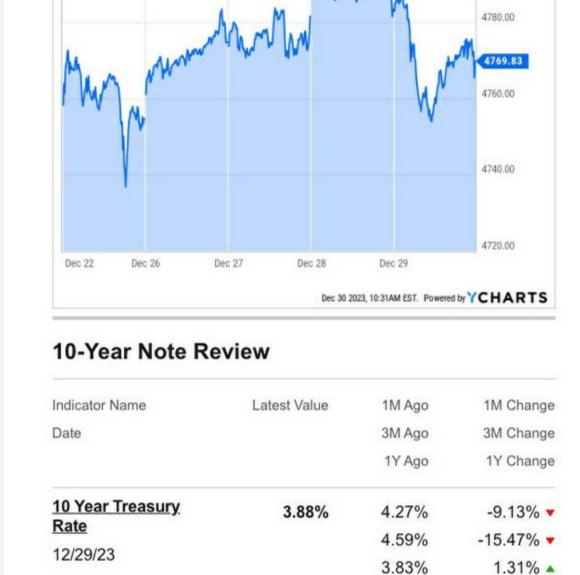
Stocks posted a slight gain last week amid a shortage of news and light holiday trading. The Dow Jones Industrial Average gained 0.76%, while the Standard &

Poor's 500 added 0.49%. The Nasdag Composite index advanced 0.32% for the week. The MSCI EAFE index, which tracks developed overseas stock markets, increased 1.13%.1,2,3



YCHARTS

<u>Average</u>	0.76%	0.51%	10.10%	15.93%
MSCI EAFE	1.13%	5.42%	18.85%	18.15%
Nasdaq Composite	0.32%	5.36%	44.64%	44.48%
S&P 500	0.49%	4.97%	26.29%	25.97%



The average return of the S&P 500 during this Santa Claus rally is 1.3% during the past 73 years. Remember that past performance does not guarantee future results, and individuals cannot invest directly in an

The 2023 week's gains, led by smaller-capitalization stocks and a handful of industry sectors, were partially erased on Friday as light volume and

3.83%

Jobless Claims Rise Initial jobless claims increased by 12,000 to 218,000, which exceeded economists' forecasts. The four-week moving average, which better illustrates jobless claim trends, was little changed, coming in at 212,000;

Continuing jobless claims, which measures the number of individuals

collecting unemployment benefits, was flat from the previous week at 1.88

Friday: Employment Situation.

Source: Econoday, December 29, 2023

are subject to revision.

Conagra Brands (CAG)

TAX TIP

notice.

This Week: Companies Reporting Earnings Thursday: Walgreens Boots Alliance, Inc. (WBA), Lamb Weston (LW),

The Econoday economic calendar lists upcoming U.S. economic data releases

believed to be providing accurate information. The forecasts or forward-looking

statements are based on assumptions and may not materialize. The forecasts also

(including key economic indicators), Federal Reserve policy meetings, and speaking engagements of Federal Reserve officials. The content is developed from sources

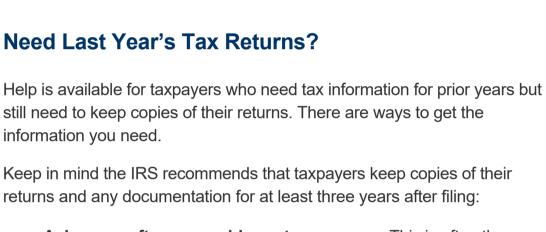
Friday: Constellation Brands, Inc. (STZ) Companies mentioned are for informational purposes only. It should not be considered a solicitation for the purchase or sale of the securities. Investing involves risks, and investment decisions should be based on your own goals, time horizon, and

tolerance for risk. The return and principal value of investments will fluctuate as

market conditions change. When sold, investments may be worth more or less than their original cost. Companies may reschedule when they report earnings without

FOOD FOR THOUGHT

"To conquer fear is the beginning of wisdom. - Bertrand Russell



Pay for a copy from the IRS. As a last resort, you can purchase a copy of your tax return from the IRS. Check the IRS website for the most recent information on the process to follow when ordering a copy and the cost of the return.

the past three years.

qualified tax professional.

Tip adapted from IRS.gov⁷

week."

feel less stressed."

Time (at 2:00 AM).

and will reassess my goal after that."

Tip adapted from Sharp.com⁸

HEALTHY LIVING TIP

minutes each time. I will track my progress in my workout journal." **Attainable:** Your goal should be ambitious but not impossible: "I am committing to three times a week, not seven times a week, because it is realistic and achievable for me with my current schedule." Relevant: Your goals must align with your current circumstances and priorities: "I will do it to stay healthy and strong during these times and to

Time-bound: Allocate a specific period for completing your goal: "I will commit to this plan for a month. In 30 days, I will have had 12 workouts

PHOTO OF THE WEEK

Last week's riddle: Liz went into a convenience store at 1:58 AM on Sunday to get a coffee. She drove six miles away and then returned to the store to get a lotto ticket, also at 1:58 AM. The store's clock was working perfectly, so how could it be 1:58 AM again when she returned? Answer: Liz made her trips to the convenience store during the morning

when people set clocks back an hour for the end of Daylight Saving

Scenic view of train crossing a viaduct in Switzerland **Footnotes and Sources** 1. The Wall Street Journal, December 29, 2023 2. The Wall Street Journal, December 29, 2023 3. The Wall Street Journal, December 29, 2023 4. Nasdaq.com, December 19, 2023.

5. Bloomberg, December 28, 2023.

6. Bloomberg, December 28, 2023.

8. Sharp.com, December 12, 2023.

7. IRS.gov, November 14, 2023.

investments are subject to various risks including changes in interest rates, credit quality, inflation risk, market valuations, prepayments, corporate events, tax ramifications and other factors.

provided are for general information, and they should not be considered a solicitation for the purchase or sale of any security. Copyright 2024 FMG Suite.

Registered Representative http://www.thebacagroup.com/

known as the "Santa Claus rally." The Santa Claus rally covers the final five trading days of the calendar year and the first two days of trading in January.

some profit-taking pressured stocks.

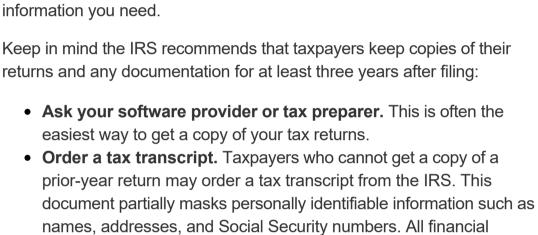
this was the lowest number since late October.⁵

index.4

million.6

This Week: Key Economic Data Wednesday: Institute for Supply Management (ISM) Manufacturing Index. **Thursday:** Automated Data Processing (ADP) Employment Report. Jobless Claims.

Source: Zacks, December 29, 2023



entries, including the filer's adjusted gross income, are apparent. These are free and available for the most current tax year after the IRS has processed the return. People can also get these records for

*This information is not intended to substitute for specific individualized

tax advice. We suggest you discuss your specific tax issues with a

Being SMART about fitness goals

Are you putting exercise on the back burner? Instead of saying you will

Specific: State the objective you wish to meet as precisely as possible: "I

am going to commit to doing a full-body video workout several times a

Measurable: Identify quantifiable criteria to allow you to measure your progress: "I am going to do this workout three times a week for at least 30

"exercise more," state a SMART exercise goal. SMART stands for:

Victor is assigned to paint suite numbers on doors at an office building with 100 suites, which will be numbered from 1 to 100. How many times will he have to paint the number 8?

goals, time horizon, and tolerance for risk. The return and principal value of investments will fluctuate as market conditions change. When sold, investments may be worth more or less than their original cost. The forecasts or forward-looking statements are based on assumptions, may not

The market indexes discussed are unmanaged, and generally, considered

The Dow Jones Industrial Average is an unmanaged index that is generally

representative of their respective markets. Index performance is not indicative of the past performance of a particular investment. Indexes do not incur management fees, costs, and expenses. Individuals cannot directly invest in unmanaged indexes. Past

considered representative of large-capitalization companies on the U.S. stock market.

Nasdaq Composite is an index of the common stocks and similar securities listed on the NASDAQ stock market and is considered a broad indicator of the performance of

technology and growth companies. The MSCI EAFE Index was created by Morgan

Europe, Australia, and Southeast Asia. The S&P 500 Composite Index is an

U.S. Treasury Notes are guaranteed by the federal government as to the timely payment of principal and interest. However, if you sell a Treasury Note prior to maturity, it may be worth more or less than the original price paid. Fixed income

Stanley Capital International (MSCI) and serves as a benchmark of the performance of major international equity markets, as represented by 21 major MSCI indexes from

unmanaged group of securities that are considered to be representative of the stock

materialize, and are subject to revision without notice.

performance does not guarantee future results.

market in general.

Mark Baca

Unsubscribe

Investing involves risks, and investment decisions should be based on your own

International investments carry additional risks, which include differences in financial reporting standards, currency exchange rates, political risks unique to a specific country, foreign taxes and regulations, and the potential for illiquid markets. These factors may result in greater share price volatility. Please consult your financial professional for additional information.

This content is developed from sources believed to be providing accurate information. The information in this material is not intended as tax or legal advice. Please consult legal or tax professionals for specific information regarding your individual situation.

This material was developed and produced by FMG Suite to provide information on a

topic that may be of interest. FMG is not affiliated with the named representative,

financial professional, Registered Investment Advisor, Broker-Dealer, nor state- or

SEC-registered investment advisory firm. The opinions expressed and material

mbaca@thebacagroup.com (916) 362-4107 The Baca Group, Inc.

immediately notify the sender by reply email and permanently delete the email and its attachments Individuals affiliated with this broker/dealer firm are either Registered Representatives who offer only brokerage services and receive transaction-based compensation (commissions), Investment Adviser Representatives who offer only investment advisory services and receive fees based on assets, or both Registered Representatives and Investment Adviser Representatives, who can offer both types of services. This informational email is an advertisement and you may opt out of receiving future emails. To opt out, please click the "Unsubscribe" link below. This message was sent by

The Baca Group, Inc. (916) 362-4107 3100 Zinfandel Drive Suite 280 Rancho Cordova, CA 95670