

Commentary

February 4, 2019

The Markets

And, U.S. stock markets celebrated.

Last week, the Federal Reserve put itself on hold. The Federal Open Market Committee met on Wednesday, January 30, 2019, to discuss the state of the economy and determine policy. After the meeting, Fed Chair Jerome Powell offered a positive assessment of U.S. economic strength that was leavened with a few concerns.

We continue to expect that the American economy will grow at a solid pace in 2019, although likely slower than the very strong pace of 2018...Despite this positive outlook...Growth has slowed in some major foreign economies, particularly China and Europe. There is elevated uncertainty around several unresolved government policy issues, including Brexit, ongoing trade negotiations, and the effects from the partial government shutdown in the United States...We are now facing a somewhat contradictory picture of generally strong U.S. macroeconomic performance, alongside growing evidence of cross-currents. At such times, common sense risk management suggests patiently awaiting greater clarity..."

The Standard & Poor's 500 Index (S&P 500) welcomed the news and delivered its best January performance since 1987, reported *Reuters*.

Earnings may have helped. Through the end of last week, almost one-half of companies in the S&P 500 had shared fourth quarter 2018 earnings. *FactSet* reported the blended year-over-year earnings growth – which includes earnings for companies that have reported and earnings estimates for companies that have not yet reported – was 12.4 percent. That's lower than the 20-plus percent growth companies have delivered since late 2017, and it's the fifth straight quarter of double-digit earnings growth.

There was good news to close the week, too. The *Bureau of Labor Statistics* reported far more jobs were created in January than analysts had anticipated, although unemployment ticked higher for the month because of the government shutdown, reported *Bloomberg*.

Data as of 2/1/19	1-Week	Y-T-D	1-Year	3-Year	5-Year	10-Year
Standard & Poor's 500 (Domestic Stocks)	1.6%	8.0%	-4.1%	11.8%	9.2%	12.6%
Dow Jones Global ex-U.S.	1.1	7.1	-14.8	6.7	1.3	6.2
10-year Treasury Note (Yield Only)	2.7	NA	2.8	2.0	2.6	2.7
Gold (per ounce)	1.9	2.9	-1.7	5.4	0.9	3.7
Bloomberg Commodity Index	-0.1	5.5	-9.9	2.2	-8.5	-3.0
DJ Equity All REIT Total Return Index	2.9	10.9	11.6	9.2	10.3	15.6

S&P 500, Dow Jones Global ex-US, Gold, Bloomberg Commodity Index returns exclude reinvested dividends (gold does not pay a dividend) and the three-, five-, and 10-year returns are annualized; the DJ Equity All REIT Total Return Index does include reinvested dividends and the three-, five-, and 10-year returns are annualized; and the 10-year Treasury Note is simply the yield at the close of the day on each of the historical time periods.

Sources: Yahoo! Finance, MarketWatch, djindexes.com, London Bullion Market Association.

HERE THEY ARE: SOME OF THE BEST INVENTIONS OF 2018. *Time Magazine* asked its editors and correspondents to nominate inventions that are making the world smarter and more fun. The magazine whittled down the suggestions to 50 inventions it considers to be the very best. They include:

Off-the-rack bespoke clothing. If you have ever found yourself between two sizes or have had difficulty figuring out women's swimsuit sizing, you'll appreciate an innovation offered by a Japanese retailer. All you have to do is put on one of the company's "...stretchy black bodysuits...covered in white dots, which enables consumers to make a '3-D scan' of their bodies in the comfort of their own home, via a companion mobile app." Once you've completed the scan, you can order custom-fit clothing. Next up: custom shoes.

Blankets that ease anxiety. Science suggests there is a connection between insomnia and anxiety – and we all know how important sleep is. Weighted blankets offer gentle pressure that may help soothe the nervous system and improve sleep, according to *Time*. Retailers suggest consumers opt for blankets with a weight equal to 10 percent of body weight. Be forewarned. The blankets come with a hefty price tag.

A gravity-defying toolbox. If you're looking for the perfect Valentine's gift for a friend or family member who uses tools in tough environments, this might be a good choice. A former F-16 aircraft mechanic designed a flexible toolbox that stays on curved surfaces without slipping.

A compass that points to friends and family. If you stress over the possibility of a child or pet getting lost at a crowded event or in an unfamiliar place, you may appreciate these paired compasses. They use GPS technology, in tandem with long-wave radio frequencies, to help people keep track of each other.

Just for fun, check out the other inventions at *Time.com*.

Weekly Focus – Think About It

"The fact is that my brain goes out to play. That's what creativity is – intelligence having fun."

--Joey Reiman, *American businessman*

* These views are those of Carson Coaching, and not the presenting Representative or the Representative's Broker/Dealer, and should not be construed as investment advice.

* This newsletter was prepared by Carson Coaching. Carson Coaching is not affiliated with the named broker/dealer.

* Government bonds and Treasury Bills are guaranteed by the U.S. government as to the timely payment of principal and interest and, if held to maturity, offer a

fixed rate of return and fixed principal value. However, the value of fund shares is not guaranteed and will fluctuate.

* Corporate bonds are considered higher risk than government bonds but normally offer a higher yield and are subject to market, interest rate and credit risk as well as additional risks based on the quality of issuer coupon rate, price, yield, maturity, and redemption features.

* The Standard & Poor's 500 (S&P 500) is an unmanaged group of securities considered to be representative of the stock market in general. You cannot invest directly in this index.

* All indexes referenced are unmanaged. Unmanaged index returns do not reflect fees, expenses, or sales charges. Index performance is not indicative of the performance of any investment.

* The Dow Jones Global ex-U.S. Index covers approximately 95% of the market capitalization of the 45 developed and emerging countries included in the Index.

* The 10-year Treasury Note represents debt owed by the United States Treasury to the public. Since the U.S. Government is seen as a risk-free borrower, investors use the 10-year Treasury Note as a benchmark for the long-term bond market.

* Gold represents the afternoon gold price as reported by the London Bullion Market Association. The gold price is set twice daily by the London Gold Fixing Company at 10:30 and 15:00 and is expressed in U.S. dollars per fine troy ounce.

* The Bloomberg Commodity Index is designed to be a highly liquid and diversified benchmark for the commodity futures market. The Index is composed of futures contracts on 19 physical commodities and was launched on July 14, 1998.

* The DJ Equity All REIT Total Return Index measures the total return performance of the equity subcategory of the Real Estate Investment Trust (REIT) industry as calculated by Dow Jones.

* The Dow Jones Industrial Average (DJIA), commonly known as "The Dow," is an index representing 30 stock of companies maintained and reviewed by the editors of The Wall Street Journal.

* The NASDAQ Composite is an unmanaged index of securities traded on the NASDAQ system.

* International investing involves special risks such as currency fluctuation and political instability and may not be suitable for all investors. These risks are often heightened for investments in emerging markets.

* Yahoo! Finance is the source for any reference to the performance of an index between two specific periods.

* Opinions expressed are subject to change without notice and are not intended as investment advice or to predict future performance.

* Economic forecasts set forth may not develop as predicted and there can be no guarantee that strategies promoted will be successful.

* Past performance does not guarantee future results. Investing involves risk, including loss of principal.

* You cannot invest directly in an index.

* Stock investing involves risk including loss of principal.

* The foregoing information has been obtained from sources considered to be reliable, but we do not guarantee it is accurate or complete.

* There is no guarantee a diversified portfolio will enhance overall returns or outperform a non-diversified portfolio. Diversification does not protect against market risk.

* Asset allocation does not ensure a profit or protect against a loss.

* Consult your financial professional before making any investment decision.

Sources:

https://www.federalreserve.gov/mediacenter/files/FOMCpresconf20190130.pdf?mod=article_inline

<https://www.reuters.com/article/us-usa-stocks-weekahead/fed-pause-validates-market-fears-about-u-s-growth-idUSKCN1PQ4MW>

<https://insight.factset.com/earnings-season-update-february-1-2019>

<https://www.bls.gov/news.release/empsit.nr0.htm>

<https://www.bloomberg.com/news/articles/2019-02-01/u-s-payrolls-rise-304-000-while-wage-gains-cool-amid-shutdown>

<http://time.com/5453189/how-we-chose-50-best-inventions-2018/>

<http://time.com/collection/best-inventions-2018/5454324/zozosuit/>

<http://time.com/collection/best-inventions-2018/5454469/gravity-blanket/>

https://www.researchgate.net/publication/243970419_A_Systematic_Review_Assessing_Bidirectionality_between_Sleep_Disturbances_Anxiety_and_Depression

<https://www.healthline.com/health/mental-health/weighted-blanket-for-anxiety-review#5>

<http://time.com/collection/best-inventions-2018/5454282/grypmat/>

<http://time.com/collection/best-inventions-2018/5454439/lynq/>

<https://quoteinvestigator.com/2017/03/02/fun/#note-15588-5>



Email Me About This Topic

Or feel free to email me about anything that I can assist you with.



Schedule an Appointment

Let's get together and work on your life and financial plans.



GMT Wealth Management
16201 E. Indiana Ave
Suite 5220
Spokane Valley, WA
99216

<http://www.gmtwealth.com/>

[Unsubscribe](#)

The LPL Financial registered representative associated with this page may only discuss and/or transact business with residents of the following states: Arizona, California, Florida, Georgia, Hawaii, Idaho, Iowa, Maryland, Minnesota, Missouri, Montana, North Carolina, New York, Ohio, Oregon, Pennsylvania, Texas, Utah, Virginia, Washington. Securities and Advisory services offered through LPL Financial. A registered investment advisor. Member FINRA & SIPC.