



of you have already spoken with him, and I am excited to have him as part of my team. Devin graduated from Monmouth University this spring. He will be assisting with customer service as he evolves into a financial planner and advisor with the firm. Welcome, Devin!!

I want to warmly welcome Devin Starr to O'Meara Financial Group. Many

More about Devin

whisker of its February high, reported Randall Forsyth of Barron's.

The Markets

It's a remarkable feat. The stock market has recovered in just 175 days. Historically, comparable recoveries (those following market drops of 20

The Standard & Poor's (S&P) 500 Index finished the week within a

Wang, and Claire Ballentine of Bloomberg Quint.

"The sharpness and speed of the downturn – and the immediacy of the overwhelming liquidity and fiscal response from the Federal Reserve and Congress – forestalled the kind of grinding, purgative action of typical bear markets, which wrings out excesses and resets valuations lower.

There was also not the shift in market leadership that usually occurs in the

percent or more) have taken about four years, reported Vildana Hajric, Lu

crucible of a bear market," reported Michael Santoli of CNBC.

The recovery is also remarkable because it occurred in the midst of a recession (that some have labeled a depression) and during a period of extraordinarily weak corporate earnings. It's possible investors are focusing on the fact economic and earnings data has been 'better-than-expected.' For instance:

• The U.S. economy shrank by -32.9 percent during the second quarter. While that was better than the -34.7 percent forecast, the U.S. economy

• The blended earnings of companies in the S&P 500 Index were -33.8 percent during the second quarter, as of August 7, which is the latest FactSet Insight report available. While most companies have performed

Last week, in a paper titled Reasons (Not) To Be Cheerful: Certainty,

better than anticipated, their profits had fallen significantly.

Absurdity, and Fallacious Narratives, GMO's James Montier wrote, "Never before have I seen a market so highly valued in the face of overwhelming uncertainty. Yet today the U.S. stock market stands at nosebleed-inducing levels of multiple, whilst the fundamentals seem more uncertain than ever before."

The bottom line is the economy and company profits have contracted

sharply while stock market valuations have rocketed higher. The sonic boom of performance startled many market professionals. Strategists

tracked by Bloomberg expected the S&P 500 to finish December at 3,117

or about 8 percent lower than it started. They may be wrong, but they may be right. No one is certain what lies ahead. Data as of 8/14/20 1-Week Y-T-D 1-Year 3-Year 10-Year 18.7% Standard & Poor's 500 (Domestic Stocks) 0.6% 4.4% 11.0% 10.0% 12.1% Dow Jones Global ex-U.S. 1.7 -5.07.5 0.4 2.6 2.1 10-year Treasury Note (Yield Only) 0.7 NA 2.2 1.6 2.2 2.6

27.7

-12.5

28.5

-7.9

14.9

-5.2

11.7

-4.8

4.7

-6.1

-4.3

0.5

Sources: Yahoo! Finance, MarketWatch, djindexes.com, London Bullion Market Association

cope with pandemic life and help us find a new normal:

S&P 500, Dow Jones Global ex-US, Gold, Bloomberg Commodity Index returns exclude reinvested dividends (gold does not pay a dividend) and the three-, five-, and 10-year returns are annualized; and the 10-year Treasury Note is simply the yield at the close of the day on each of the historical time periods.

Gold (per ounce)

Bloomberg Commodity Index

Past performance is no guarantee of future results. Indices are unmanaged and cannot be invested into directly. N/A means not applicable.
LIFE: PANDEMIC STYLE. The pandemic has changed the ways people
all over the world think and interact with one another. It has also inspired
artists and designers to find solutions to pressing problems, such as the
need for social distancing. Here are a few inventions that may help us

home and it turns on a light in your parent's home or your grandparent's nursing home to let them know you're thinking about them. Video artist Alexander Lervik's website describes his invention like this:

"...a set of glass lamps shaped as rocks, which have been given the capacity of apprehending human touch and communicating with other rocks to express community and closeness. Perhaps you own one rock,

those old people who are lonely and in need of human touch."

and an older relative owns another so that they can sense when you touch your stone, thinking of them. The work offers a chance to think about all

Glass lamps to dispel loneliness. Imagine you turn on a light in your

Devices to deliver anxiety-free dining. In the Netherlands, a restaurant
has installed glass cabins on its patio that can accommodate two or three
diners. Reuters reported, "Waiters wear gloves and transparent face
shields, and use a long board to bring dishes into the glass cabins to
ensure minimal physical contact with customers."
 Travel and Leisure reported some restaurants may make indoor dining
more palatable by installing plexiglass cylinders that hang from the ceiling

like lampshades. Diners settle inside the cylinders as they are seated.

 Hands-free door handles in grocery stores. To overcome pervasive reluctance to touch doorknobs and door handles in public places, a

Forum.

Weekly Focus – Think About It

"There will come a time when you believe everything is finished. That will

Finnish supermarket installed curved handles that allow shoppers to pull open cooler doors with their forearms, reported the World Economic

--Louis L'Amour, Novelist

Best regards,

Margaret O'Meara, CFP®, AIFA®

P.S. Please feel free to forward this commentary to family, friends, or

colleagues. If you would like us to add them to the list, please reply to this email with their email address and we will ask for their permission to be

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rate, price, yield, maturity, and redemption features.

You cannot invest directly in this index.

cannot invest directly in an index.

long-term bond market.

per fine troy ounce.

the NASDAQ system.

risk, including loss of principal.

Sources:

17-20 Barrons-

Footnote_1.pdf)

* These views are those of Carson Coaching, and not the presenting Representative, the Representative's Broker/Dealer, or Registered

be the beginning."

added.

government as to the timely payment of principal and interest and, if held to maturity, offer a fixed rate of return and fixed principal value. However, the value of fund shares is not guaranteed and will fluctuate.

* Corporate bonds are considered higher risk than government bonds but normally offer a higher yield and are subject to market, interest rate and

credit risk as well as additional risks based on the quality of issuer coupon

securities considered to be representative of the stock market in general.

* All indexes referenced are unmanaged. The volatility of indexes could be

performance is not indicative of the performance of any investment. You

* The Standard & Poor's 500 (S&P 500) is an unmanaged group of

materially different from that of a client's portfolio. Unmanaged index

returns do not reflect fees, expenses, or sales charges. Index

Investment Advisor, and should not be construed as investment advice.

* This newsletter was prepared by Carson Coaching. Carson Coaching is

* Government bonds and Treasury Bills are guaranteed by the U.S.

* The Dow Jones Global ex-U.S. Index covers approximately 95% of the market capitalization of the 45 developed and emerging countries included in the Index.

* The 10-year Treasury Note represents debt owed by the United States Treasury to the public. Since the U.S. Government is seen as a risk-free borrower, investors use the 10-year Treasury Note as a benchmark for the

* Gold represents the afternoon gold price as reported by the London Bullion Market Association. The gold price is set twice daily by the London Gold Fixing Company at 10:30 and 15:00 and is expressed in U.S. dollars

* The Bloomberg Commodity Index is designed to be a highly liquid and diversified benchmark for the commodity futures market. The Index is composed of futures contracts on 19 physical commodities and was

launched on July 14, 1998.

* The DJ Equity All REIT Total Return Index measures the total return performance of the equity subcategory of the Real Estate Investment Trust (REIT) industry as calculated by Dow Jones.

* The Dow Jones Industrial Average (DJIA), commonly known as "The Dow," is an index representing 30 stock of companies maintained and

* The NASDAQ Composite is an unmanaged index of securities traded on

International investing involves special risks such as currency fluctuation

and political instability and may not be suitable for all investors. These

* Yahoo! Finance is the source for any reference to the performance of

risks are often heightened for investments in emerging markets.

reviewed by the editors of The Wall Street Journal.

an index between two specific periods.

* The risk of loss in trading commodities and futures can be substantial.

You should therefore carefully consider whether such trading is suitable for you in light of your financial condition. The high degree of leverage is often obtainable in commodity trading and can work against you as well as for you. The use of leverage can lead to large losses as well as gains.

* Opinions expressed are subject to change without notice and are not

* Economic forecasts set forth may not develop as predicted and there

* Past performance does not guarantee future results. Investing involves

* The foregoing information has been obtained from sources considered

intended as investment advice or to predict future performance.

can be no guarantee that strategies promoted will be successful.

to be reliable, but we do not guarantee it is accurate or complete.

* There is no guarantee a diversified portfolio will enhance overall returns or outperform a non-diversified portfolio. Diversification does not protect against market risk.

* Asset allocation does not ensure a profit or protect against a loss.

* Consult your financial professional before making any investment decision.

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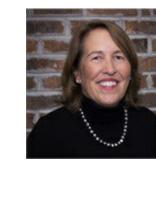
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