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MARKET INSIGHTS

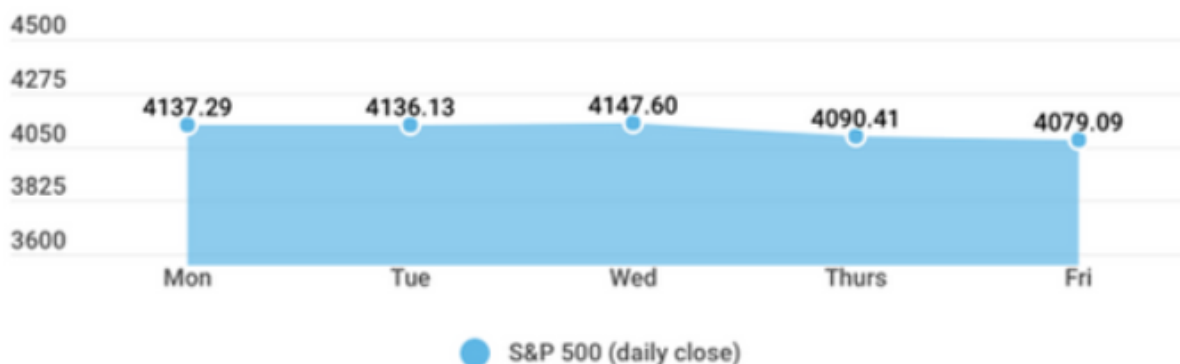
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MIXED RESULTS AS INTEREST RATE CONCERNS GROW

Growing concerns about further interest rate hikes, prompted by fresh economic data, reversed early-week gains, and left stocks mixed for the week.

The Dow Jones Industrial Average slipped 0.13%, while the Standard & Poor's 500 fell 0.28%. The Nasdaq Composite index advanced 0.59% for the week. The MSCI EAFE index, which tracks developed overseas stock markets, gained 0.52%.

Market Index	Close	Week	Y-T-D
DJIA	33,826.69	-0.13%	+2.05%
NASDAQ	11,787.27	+0.59%	+12.62%
MSCI-EAFE	2,096.08	+0.52%	+7.83%
S&P 500	4,079.09	-0.28%	+6.24%



	Treasury	Close	Week	Y-T-D
	10-Year Note	3.82%	+0.08%	-0.06%

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Rate Concerns Weigh On Stocks

Stocks opened last week higher on investor hopes that a continued cooling in inflation might support a more dovish Fed. A higher-than-expected rise in the Consumer Price Index (CPI) and strong retail sales in January initially did little to dent that enthusiasm, as stocks posted solid gains through Wednesday's close.

But that optimism faded on Thursday as a surprising rise in producer prices and another decline in initial jobless claims triggered worries the Fed would stay the course for longer. Comments from two Fed officials supporting a more aggressive rate hike stance added to the unease, erasing much of the week's gains. Stocks ended mixed on Friday, capping a choppy week.

Inflation Moderation Pauses

Consumer prices climbed 0.5% in January, fueled by rising shelter costs and energy prices. The increase in the CPI was higher than the 0.1% rise in December and slightly above the consensus estimates of 0.4%. The year-over-year inflation number (6.4%) came in lower than December's 12-month rise of 6.5%, making it the seventh consecutive month of declining year-over-year inflation.

January's product price report showed a surprise 0.7% increase, higher than the 0.4% rise expected by economists and the biggest jump since June. Year-over year, producer prices rose 6.0%, a slight improvement from December's number.

Key Economic Data

Tuesday: Walmart, Inc. (WMT), The Home Depot, Inc. (HD), Palo Alto Networks, Inc. (PANW).

Wednesday: eBay, Inc. (EBAY), The TJX Companies, Inc. (TJX), Nvidia Corporation (NVDA), Diamondback Energy, Inc. (FANG).

Thursday: Block, Inc. (SQ), Pioneer Natural Resources Company (PXD).

Friday: EOG Resources, Inc. (EOG).

Companies Reporting Earnings

Tuesday: Fortinet, Inc. (FTNT), Chipotle Mexican Grill, Inc. (CMG).

Wednesday: CVS Health Corporation (CVS), Prudential Financial, Inc. (PRU), The Walt Disney Company (DIS).

Thursday: AbbVie, Inc. (ABBV), PayPal Holdings, Inc. (PYPL), PepsiCo, Inc. (PEP), Kellogg Company (K), Expedia Group, Inc. (EXPE), O'Reilly Automotive, Inc. (ORLY).

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MARKET INSIGHTS

FOOD FOR THOUGHT



"Women, we naturally want to be the best...And I can't be mad at the next girl for wanting to be the best! Why would I get mad at you for saving you the baddest? Why can't we both agree that we bad, and that just be that?"

**- Megan Thee Stallion
(Megan Jovon Ruth Pete)**

TAX TIP



How Qualified Charitable Distributions Can Help Reduce Your Tax Burden

Generally, distributions from a traditional Individual Retirement Account are taxable in the year the account owner receives them. But, a qualified charitable distribution (QCD) is one exception to this rule.

A QCD is a nontaxable distribution made directly by the trustee of an IRA to organizations that are eligible to receive tax-deductible contributions. Of course, the main benefit of giving to a charitable organization is making a difference. Yet some tax benefits reward the philanthropic. Making a QCD can help you reduce your taxable income while supporting qualifying charitable organizations.

*This information is not intended to be a substitute for specific individualized tax advice. We suggest that you discuss your specific tax issues with a qualified tax professional.

HEALTH LIVING TIP



What Are Polyphenols?

If you've researched whole foods much, you've likely come across the term "polyphenols." But what are polyphenols, and why are they important?

Polyphenols are a category of plant compounds that act as antioxidants, which can neutralize harmful free radicals. Because of this, polyphenols may offer various health benefits, from boosting brain health and digestion to protecting against heart disease, type 2 diabetes, and even some cancers.

There are many sources of polyphenols, such as:

- Dark chocolate
- Tea
- Dark berries
- Apples
- Onions
- Red cabbage
- Whole grains
- Chili peppers
- Oats
- Turmeric
- Flax seeds
- Sesame seeds

There are several categories of polyphenols, including flavonoids, phenolic acids, and polyphenolic amides.

MARKET INSIGHTS

WEEKLY RIDDLE



Karen is twice her brother's age and half her father's age. In 22 years, her brother will be half the father's age. How old is Karen now?

Riddle from last edition: You need to take a gallon of oil. How can you do it using only a 3-gallon container and a 5-gallon container?

Answer: Fill the 3-gallon container with oil and pour it into the 5-gallon container. Then fill the 3-gallon container again and use it to fill the 5-gallon container the rest of the way. One gallon will be left in the 3-gallon container.

PHOTO OF THE WEEK



Breaching Humpback whales, Monterey, California



Do you have questions about your finances, the market, or the economy?

Park 10 Financial has the knowledge and expertise to answer all of your concerns.

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