



Sucré-Vail

Wealth Advisors[®]

Achieving Financial Wellness without Unnecessary Risk

Mom, Stop Multitasking

Mothers are notorious multitaskers known for their ability to juggle a million things at once. Yet when it comes to money matters, multitasking might not be the best approach. In fact, it could be holding you back.

Just like multitasking can lead to stress and burnout, trying to manage your finances without a clear strategy can lead to confusion and missed opportunities. Instead, focus on simplifying your financial decisions and get the support and assistance you need.

For a new mindset this Mother's Day, check out the article "The Lies We Tell Ourselves About Multitasking" below, along with other financial news filled with information and inspiration for you this week. Feel free to share with friends and family – and a mom who needs it.

And remember, I'm here for you! As always, please don't hesitate to contact me with any questions or updates to your plans.

Thanks,

Margaret & Henry



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The Lies We Tell Ourselves About Multitasking

May 8, 2023



Our brains aren't wired to juggle tasks. Remember what it was like to do one thing at a time?

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What Fed Rate Increases Mean for Mortgages, Credit Cards and More

May 5, 2023



Savers will benefit and borrowers can expect to pay more on credit cards, student loans and other...

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Seven Ways To Be Happier When You Retire

May 4, 2023



One of the biggest challenges of retirement is finding a new sense of purpose and meaning in your...

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When Investors Do the Most Harm With Market Timing

May 8, 2023



Does market timing hurt portfolios most during up years or down years? What about when things are...

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Why Your Budget Isn't Working — And 5 Ways To Fix It Fast

May 5, 2023

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The Best Gifts for Mom in 2023, From \$33 to \$9,500

May 8, 2023

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