



Sucré-Vail[®]

Wealth Advisors[®]

Achieving Financial Wellness without Unnecessary Risk

If Age is Just a Number, Make it a Really High Number

What if you lived to be 120 years old? Imagine all the experiences, memories, and milestones you could see. Yet as incredulous as that age sounds, the topic of longevity amid growing technological advances is gaining more traction recently in the news.

It raises an important concern I hear all too often: How can you make your money last and plan for retirement when you don't know how long you'll live? As living well into your centenarian years becomes a more imaginable prospect, it's essential to consider the financial implications. The last thing any of us would want is to outlive our savings, right?

When it comes to ensuring your financial security in an uncertain future for an undetermined number of years, a proactive approach is key. Let's start with what's possible and what's within your control. Together, we can develop your roadmap to a more secure future, no matter how long it lasts.

The following articles curated from the news this week provide some tips, strategies, and real-life stories to inspire and guide you along the way. Enjoy!

Thanks,

Margaret & Henry



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How The Oldest People In America's Blue Zone Make Money Last

Oct. 3, 2023

F The concern many Americans have about outliving their money is genuine and, sadly, appropriate.

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'Live to 100: Secrets of the Blue Zones' Review: Lessons in Longevity

Aug. 30, 2023



Netflix's documentary series follows host Dan Buettner as he travels around the globe to places...

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Living to 120 is becoming an imaginable prospect

Sept. 29, 2023



Efforts to slow ageing are taking wing

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Should You be Spooked About the Market's Performance in October? This Expert Says No.

Oct. 2, 2023



The Dow Jones Industrial Average, Nasdaq Composite, and S&P 500 all tend to rise during the month.

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Why High Interest Rates and Energy Prices Are Stressing the Economy

Oct. 2, 2023



Treasury rates and oil and gasoline prices have been increasing, putting the Fed in a difficult...

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A New Interest-Rate Regime Has Begun. These Are the Market's Winners and Losers.

Sept. 30, 2023



Bond prices, the Magnificent Seven and emerging markets are under pressure.

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