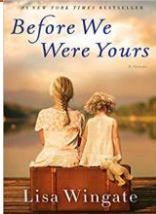


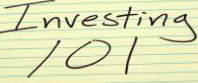





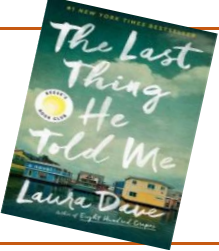




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 <b>October</b>	27	28	29	Free Chair Yoga @10:00AM on Zoom  Free Chair Yoga @10:00AM on Zoom	1 Book Club: Before We Were Yours by Lisa Wingate on Zoom @9:00AM ID: 875 2898 8006 Passcode: bookclub	2  NATIONAL COFFEE DAY
3	4  NATIONAL TACO DAY	5	6	7 Free Chair Yoga-Health, Wealth & Happiness @10:00AM ID: 874 8527 6307 Passcode: yoga	8	 Investing 101 Zoom/B4Y Studio @9:00AM Register Online
10  WORLD MENTAL HEALTH DAY	11  Columbus DAY	12	13	14 Free Chair Yoga-Health, Wealth & Happiness @10:00AM ID: 874 8527 6307 Passcode: yoga	15	 NATIONAL BOSS DAY
<b>BREAST CANCER AWARENESS MONTH</b>	18 	19	20	21 Free Chair Yoga-Health, Wealth & Happiness @10:00AM ID: 874 8527 6307 Passcode: yoga	22	23
24	25	26	27 MFG's Zoom BINGO @5:00PM Register online! 	28 Free Chair Yoga-Health, Wealth & Happiness @10:00AM ID: 874 8527 6307 Passcode: yoga	29  NATIONAL CAT DAY	
31  HAPPY Halloween	1 <b>HELLO November</b>	2	3	4 Free Chair Yoga-Health, Wealth & Happiness @10:00AM ID: 874 8527 6307 Passcode: yoga	5 Book Club: The Last Thing He Told Me by Laura Dave on Zoom @9:00AM ID: 875 2898 8006 Passcode: bookclub	6  Set your clocks BACK one hour before going to bed tonight.