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Sucré-Vail

Wealth Advisors[®]

Achieving Financial Wellness without Unnecessary Risk

[Budgeting] A little bit louder now

Are you familiar with the Wall Street Journal columnist Jason Zweig? He's a longtime personal finance journalist who writes about best practices for investors. For years, his consistent message about tuning out daily volatility to focus on your long-term goals has been a clear voice amid the noise.

Now, after a long hiatus, he's back to writing his column, so this week I'm sharing one of the latest: "What I Learned When I Stopped Watching the Stock Market."

Quite often it's having consistent influential voices like his (and mine) in your life that can keep you focused on what's truly important for the long term. And speaking of voices, there's a fun new trend popping up lately – loud budgeting. Thankfully, though, this trend is an example of loud voices you should be listening to. Read more below, plus other important financial info to know this week.

Have your own loud budgeting idea? Let's talk – about this or any other content you're finding valuable for your financial wellness. Enjoy!

Thanks,

Margaret & Henry



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What I Learned When I Stopped Watching the Stock Market

Jan. 26, 2024

WSJ

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Loud Budgeting Started as a Joke. It May Actually Work

Jan. 26, 2024

WSJ

Going public with a goal to spend less can help you stick to the plan.

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Jan. 29, 2024

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Jan. 24, 2024

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