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Wealth Advisors[®]

Achieving Financial Wellness without Unnecessary Risk

This Year, Eat a Frog

Happy New Year!

We're all too familiar with making New Year's resolutions - many of which fall by the wayside even before the end of January. And despite loads of research and scientific studies about the psychology of how to keep resolutions, most of us are still much better at *making* them than we are at *keeping* them.

How about you? What's the longest you've kept a resolution? I'd love to hear what worked for you.

This week I couldn't resist sending this Forbes article about a great strategy for getting difficult tasks done. It's called "eating the frog," and it can work for your to-do list today as well as your long-term retirement strategy. How? Read more about it below.

Regardless of how your resolutions hold up this year, know that I'm just a message or phone call away from putting you in pursuit of all your big goals - even the ones that may seem too difficult right now. It's so much easier when you have a partner in your corner.

So, here's that article along with a few others to help inspire you this week. Let me know how it's going!

Thanks,

Margaret & Henry



Margaret R Sucre-Vail, AIF® AWMA®

Advisor

Sucre-Vail Wealth Advisors

Office : [888-286-9991](tel:888-286-9991)

margaret@sucrevailwa.com

www.sucrevailwa.com/



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Dec. 31, 2021

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Dec. 31, 2021

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Jan. 4, 2022

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Dec. 28, 2021

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Jan. 3, 2022



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