

Becoming Financially Mindful



Humans are creatures of habit, especially when it comes to our money matters. Practicing financial mindfulness, being aware of your financial situation and developing good money habits can pave the way to wealth and prosperity.



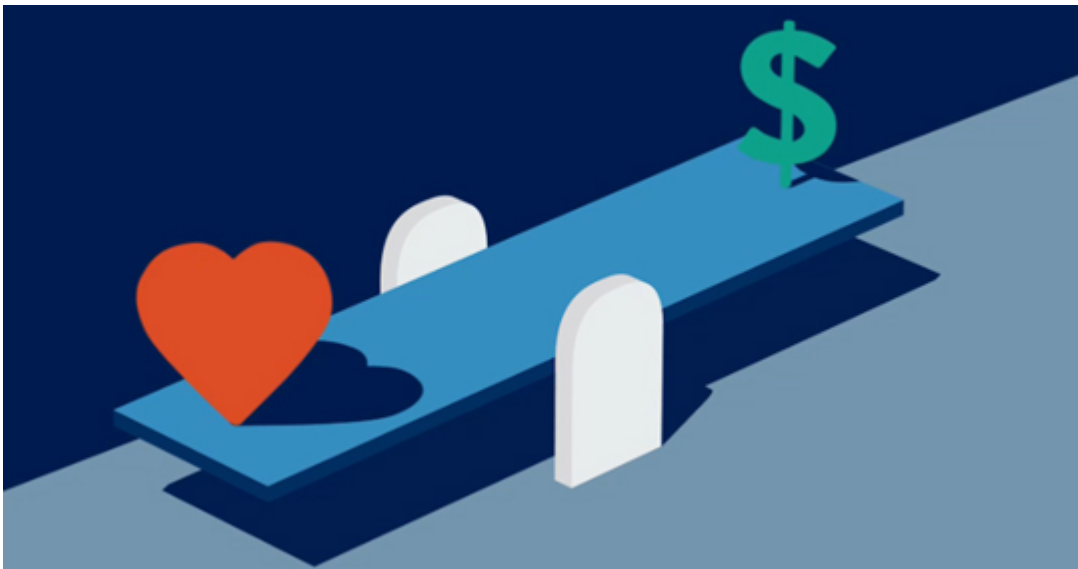
[**Hindsight 2020: Financial Lessons You Can Learn From 2020**](#)

If nothing else, 2020 was a stark reminder of the importance of a protection-first mindset — prioritizing the financial well-being of yourself and those you love. Across the country, millions of Americans did their best to create a financial cushion to protect against a seemingly unprecedented emergency. [Learn more.](#)



Financial Empowerment for Women

Living well, not just living long, should be the goal—and for that, women need to think more about financial planning. So, how can women move from concerned to confident in their financial decision-making capabilities? Here are five steps that can help any woman—or man—feel more empowered in preparing for their future. [Learn more.](#)



Take the Living Confidently Financial and Emotional Confidence Quiz

Have you ever wondered what the most financially and emotionally confident Americans are doing differently? [Take the quiz](#) to find out where you stack up and how you can start living more confidently today.

Contact me at **336-230-0922** or **jrosser@cplanning.com** for more information on how I can help you start taking control of your financial future today.

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