

# Achieving Financial Wellness without Unnecessary Risk

### **Sunny forecast?**

Halfway through 2023, I think we can all agree that it's been a year of unpredictability. But we're in the height of summer; markets are soaring, and inflation is falling. Does this mean that recession talk is in the rearview mirror?

It's tempting to put your faith in market forecasts, especially when they are sunny, but, surprises may always be on the horizon. Yogi Berra put it more simply: "It's tough to make predictions, especially about the future."

Investing isn't about timing the market but rather time in the market. Although, over the long term, markets tend to go up, there are always lots of zigs and zags along the way. The more time you can ride the wave, the better. The best course of action, then, is sticking to our diversified, long-term financial strategy.

I can help you ride the wave and enjoy the sun this summer. Reach out if you have any questions about your strategy. In the meantime, enjoy the articles.

Thanks,

Margaret & Henry



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July 21, 2023



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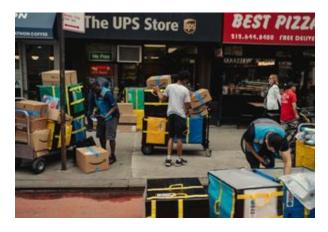
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