

Unemployment

Whether you're choosing to leave your job or you've just found out that you're being let go, job loss can have a significant impact on your financial health. Ideally, you would have the value of at least six months' income in an emergency fund. Adopting a lower-cost lifestyle by eliminating non-essential spending can help carry you through this disruptive time. There are several important decisions to make and steps to take right away. Start with these:

« KEY STEPS:

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| <input type="checkbox"/> Budget review | <input type="checkbox"/> Benefits review |
| <input type="checkbox"/> Income review | <input type="checkbox"/> Life and disability insurance waiver of premium |
| <input type="checkbox"/> Unemployment enrollment | <input type="checkbox"/> 401(k) decisions |
| <input type="checkbox"/> Health insurance review | <input type="checkbox"/> Goal/life planning |

« NOTES: