



Sucré-Vail

Wealth Advisors[®]

Achieving Financial Wellness without Unnecessary Risk

It's More Than A Feeling

Saving enough for a comfortable retirement and leaving a legacy for the future are the goals many of us have. How close or how far away you are from this aspiration can determine how financially fit you feel.

So tell me, do you feel wealthy?

Brad Klontz, a financial therapist quoted in the New York Times article below, said: "If you make \$50,000 a year, you're one of the top 1 percent richest human beings who has ever walked the earth."

Considering the average U.S. income is \$53,490 per year, that information may make the majority of us feel wealthier. It doesn't have to be complicated, and it mainly comes down to keeping a few good habits. Many multi-millionaires have built their wealth using simple and sound money management concepts we all can adopt:

- saving and investing early and regularly
- prioritizing future goals over current wants
- sticking to long-term investment strategies that ignore the day-to-day vicissitudes of the markets

I'm here to help put you on the best path toward achieving your wealth goals and feeling great. I hope you find more inspiration and information in the articles below. Feel free to share with anyone who might need some encouragement as well. Take care and keep in touch.

Thanks,

Margaret & Henry



Margaret R Sucré-Vail, AIF® AWMA®
Advisor

Sucré-Vail Wealth Advisors

Office : [888-286-9991](tel:888-286-9991)

margaret@sucrevailwa.com

www.sucrevailwa.com/



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16862 Royal Crest Dr - Houston, TX.77058

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