

# Achieving Financial Wellness without Unnecessary Risk

# Look Beyond the Days and Focus on the Decades

The recent turbulence in the bond market has once again reminded us of a crucial investment principle: long-term focus is the key to achieving your financial goals.

As famed investor Warren Buffet once said, "Benign neglect, bordering on sloth, remains the hallmark of our investment process." In other words, rather than getting caught up in daily market fluctuations, it's better to keep your eyes on the bigger picture. Time in the market beats trying to time the market.

While it's essential to adopt a long-term perspective, it doesn't mean we should be complacent about our financial strategy. To ensure your approach aligns with your goals, it's important to review it periodically. If recent market events have raised questions or concerns for you, I'm here to provide guidance and support. Please don't hesitate to reach out, and we can discuss any adjustments that might be necessary.

In the spirit of staying informed, I encourage you to read the articles below. They provide valuable insights into the recent bond market volatility and strategies for maintaining a steady financial course amid uncertain times.

Thanks,

Margaret & Henry



Margaret R Sucré-Vail, AIF® AWMA®

Advisor

Sucré-Vail Wealth Advisors

Office: 888-286-9991
margaret@sucrevailwa.com
www.sucrevailwa.com/



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#### 16862 Royal Crest Dr - Houston, TX.77058

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