



**Sucré-Vail**  
Wealth Advisors®

Achieving Financial Wellness without Unnecessary Risk

## Why You Need a Beginner's Mind

As we embark on a new year, it's important to approach life with a fresh perspective. Too often, we can get bogged down by preconceived notions and past experiences. But by embracing a "beginner's mind," as suggested in the Financial Times article below, we open ourselves up to new opportunities and innovative ways of thinking.

This mindset can be especially helpful when it comes to investing and saving toward your long-term goals. One thing to keep in mind is that building wealth and securing financial stability is a marathon, not a sprint. It requires patience, discipline, and a willingness to learn and adapt. But with consistent effort and the right mindset, you can set yourself up for success.

Delve into the following articles with a beginner's mind — they contain news and practical tips for getting your finances on track in the new year. And reach out if you have any questions pertaining to your strategy for 2023 and beyond.

Here's to a financially prosperous and fulfilling new year!

Thanks,

Margaret & Henry



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## We should enter the new year with a beginner's mind

Jan. 5, 2023

**FT**

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Jan. 9, 2023

**B**

Time to get your finances back on track. Any new year is a prime opportunity to take stock of...

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Jan. 6, 2023

**F**

The beginning of the new year is not only a time for new goals, but old ones — like compiling tax...

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## 10 Tips to Make 2023 Your Best and Boldest Year Yet

Jan. 10, 2023

**E**

Think bold, big, and get creative when it comes to planning out how to reach your goals. Here are...

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## Do New Year's Resolutions Actually Work? These Scientists Decided to Find Out

Jan. 5, 2023



They spent decades studying people's attempts to cultivate new habits. Here's what they learned.

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Jan. 9, 2023



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