



# Sucré-Vail<sup>®</sup>

## Wealth Advisors<sup>®</sup>

Achieving Financial Wellness without Unnecessary Risk

### How Much is Enough? Just a Little Bit More

You may wonder, how much money would pave the way to your true happiness? Is there a precise dollar amount that comes to mind?

A recent survey questioned nearly 2,000 individuals on precisely this matter. The results, published in the Wall Street Journal article below, were fascinating and provide some valuable insights into our collective perception of how much income it takes for a fulfilling financial future. Most notably, higher income earners always want "a little bit more."

Curious to learn more about the connection between your income and happiness? Check out the article plus some others curated for you below. They offer thought-provoking perspectives and advice to help you navigate your financial journey while cultivating a happy and healthy mindset along the way.

Remember, your financial wellness is not solely determined by the digits on your paycheck, but understanding the psychological dynamics at play that can empower you to make informed decisions aligning with your long-term goals. And I'm here to support and encourage the decisions you're considering along the way.

Reach out if there's anything I can assist you with this week. Let's keep in touch!

Thanks,

Margaret & Henry



**Margaret R Sucré-Vail, AIF® AWMA®**

Advisor

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## The Pay Raise People Say They Need to Be Happy

Nov. 20, 2023



We frequently overestimate just how much happiness money buys

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## 4 holiday spending traps a financial planner says are more expensive than you realize

Nov. 20, 2023



I tend to overspend during the holidays, so I asked a financial planner about spending...

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Nov. 17, 2023



Your 2024 glow up starts now

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