



## Tycor's Windmill Our Way Through May Challenge

<b>SUNDAY</b>	<b>MONDAY</b> 1  5 Windmills (Alternating Left & Right)	<b>TUESDAY</b> 2  6 Windmills (Alternating Left & Right)	<b>WEDNESDAY</b> 3  7 Windmills (Alternating Left & Right)	<b>THURSDAY</b> 4  REST	<b>FRIDAY</b> 5  8 Windmills (Alternating Left & Right)	<b>SATURDAY</b>
<b>SUNDAY</b>	8  8 Windmills (Alternating Left & Right)	9  9 Windmills (Alternating Left & Right)	10  REST	11  10 Windmills (Alternating Left & Right)	12  11 Windmills (Alternating Left & Right)	<b>SATURDAY</b>
<b>SUNDAY</b>	15  11 Windmills (Alternating Left & Right)	16  12 Windmills (Alternating Left & Right)	17  13 Windmills (Alternating Left & Right)	18  REST	19  14 Windmills (Alternating Left & Right)	<b>SATURDAY</b>
<b>SUNDAY</b>	22  14 Windmills (Alternating Left & Right)	23  15 Windmills (Alternating Left & Right)	24  REST	25  16 Windmills (Alternating Left & Right)	26  17 Windmills (Alternating Left & Right)	<b>SATURDAY</b>
<b>SUNDAY</b>	29  18 Windmills (Alternating Left & Right)	30  19 Windmills (Alternating Left & Right)	31  20 Windmills (Alternating Left & Right)			<b>SATURDAY</b>