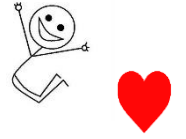




February Jumping Jack Challenge



SUNDAY	1 20 Jumping Jacks	2 25 Jumping Jacks	3 30 Jumping Jacks	4 REST	5 35 Jumping Jacks	SATURDAY
SUNDAY	8 35 Jumping Jacks	9 40 Jumping Jacks	10 45 Jumping Jacks	11 50 Jumping Jacks	12 Rest	SATURDAY
SUNDAY	15 50 Jumping Jacks	16 55 Jumping Jacks	17 65 Jumping Jacks	18 REST	19 70 Jumping Jacks	SATURDAY
SUNDAY	22 70 Jumping Jacks	23 80 Jumping Jacks	24 REST	25 90 Jumping Jacks	26 100 Jumping Jacks	SATURDAY
SUNDAY						SATURDAY